

**FIGURE 53.2** ♦ Ivy's method for bleeding time.

## Clotting Time

This is also known as whole blood clotting time and is a *measure of the plasma clotting factors*. It is a screening test for coagulation disorders.

Various other tests for coagulation disorders include: prothrombin time (PT), partial thromboplastin time with kaolin (PTTK) or activated partial thromboplastin time with kaolin (APTTK), and measurement of fibrinogen.

### METHODS FOR CLOTTING TIME

There are two methods of whole blood clotting time:

1. Capillary tube method
2. Lee and White method

#### 1. Capillary Tube Method

##### Procedure

- ♦ Clean the tip of a finger with spirit.
- ♦ Puncture it upto 3 mm deep with a disposable needle.
- ♦ Start the stopwatch.
- ♦ Fill two capillary tubes with free flowing blood from the puncture after wiping the first drop of blood.
- ♦ Keep these tubes at body temperature.
- ♦ After 2 minutes, start breaking the capillary tube at 1 cm distance to see whether a thin fibrin strand is formed between the two broken ends.
- ♦ Stop the watch and calculate the time from average of the two capillary tubes.

##### Disadvantages

- i. Method is insensitive.
- ii. Method is unreliable.

##### Advantages

It can be performed when venous blood cannot be obtained.

*Normal clotting time* 1-5 minutes.

#### 2. Lee and White Method

##### Procedure

- ♦ After cleaning the forearm, make a venepuncture and draw 3 ml of blood in a siliconised glass syringe or plastic syringe.
- ♦ Start the stopwatch.
- ♦ Transfer 1 ml of blood each into 3 glass tubes which are kept at 37°C in a water bath (Fig. 53.3).
- ♦ After 3 minutes tilt the tubes one by one every 30 seconds.
- ♦ The clotting time is taken when the tubes can be tilted without spilling of their contents.
- ♦ Calculate the clotting time by average of 3 tubes.

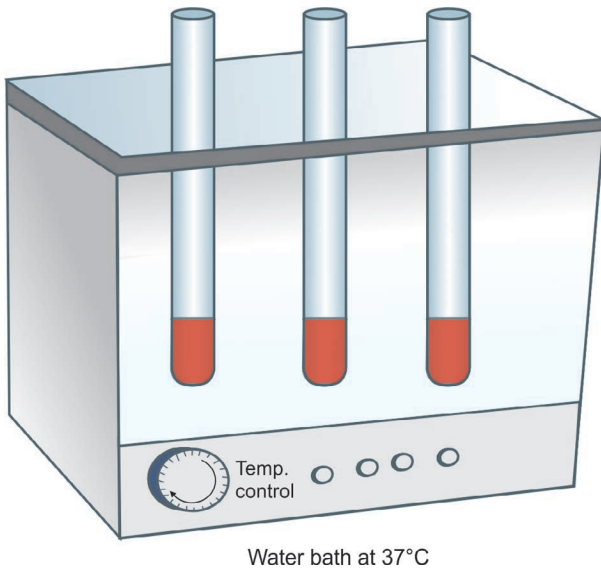
##### Advantages

- i. More accurate and standard method.
- ii. Test can be run with control.

##### Disadvantages

- i. It is also a rough method.
- ii. There can be contamination of syringe or tubes.

*Normal clotting time* 5-10 minutes.



**FIGURE 53.3** ♦ Lee and White method for clotting time.

#### *Sources of error*

- i. The temperature should be maintained because higher temperature accelerates clotting.
- ii. The diameter of the glass tubes should be uniform because clotting is accelerated in narrow tubes.
- iii. Vigorous agitation of the tubes should be avoided as it shortens the clotting time.

#### *Clinical Applications of Clotting Time*

Clotting time is prolonged in following conditions:

- i. Severe deficiency of coagulation factors.
- ii. Afibrinogenaemia.
- iii. Administration of heparin.
- iv. Disseminated intravascular coagulation (DIC).
- v. Administration of drugs such as anticoagulants.

